

SPA **hostal empúries**

Our treatments are carried out with a selection of high quality organic cosmetics of excellent quality and excellent quality.

EMB Therapy suitable for pregnant women | HC Agreed hours

SENSORY JOURNEYS

MEDITERRANEAN BEAUTY	100MIN / 235€
Gentle body exfoliation and black clay wrap accompanied by a facial treatment and aromatic massage.	
GREEK-ROMAN CULT	70MIN / 160€
Deep body massage with relaxing head massage.	
ESSENCE OF EMPURIES	50MIN / 115€
Relaxing massage with essential oils.	
THE SALT OF LIFE	50MIN / 125€
Massage and revitalizing treatment with Himalayan salt stones.	
ALIGNMENT & AWARENESS	70MIN / 160€
An energetic and rebalancing treatment using essential oils and stones.	
RITUAL HARMONIE	60MIN / 125€
Delicate acupressure maneuvers and meridian point work, combined with a gentle massage and enveloping aromas, harmonizing the energy and offering a sensory experience.	

FACIAL TREATMENT

DULKAMARA	30MIN / 72€
Sap Lifting Facial. Personalized Mini facial treatment.	
Dulkamara jewel.	70MIN / 179€
Personalized treatment: - Biodetox: Cellular detoxification. - Biolifting: Reduces wrinkles.	
AROMS NATUR	40MIN / 102€
Probiotic Skin Balance. Treatment for radiance, elasticity and volume for your skin.	
Vitamina C	50MIN / 128€
Treatment for radiance, elasticity and volume for your skin.	
SCENS	70MIN / 179€
Cleansing facial. Ecological and vegan facial hygiene. Reducing the traditional steam with the Suction Detox Skin Tool.	
Elixir repair treatment.	60MIN / 155€
Facial treatment + facial massage with ultra rich masque.	
Lumiere.	60MIN / 165€
Illuminating facial treatment that revitalizes, firms and reveals the skin's natural radiance.	

MANUAL THERAPIES

THERAPEUTIC MASSAGE	50MIN / 115€
Personalized massage. EMB	
LOCALIZED MASSAGE	30MIN / 69€
Personalized localized massage. EMB	
ZEN MASSAGE	40MIN / 92€
Cervical, cranial and facial massage. EMB	
FOOT REFLEXOLOGY	40MIN / 98€
Treatment on reflex points of the feet. HC	
NADI ABHIANGA	60MIN / 125€
Hindu-origin body and face massage that harmonizes energy and induces deep relaxation.	
TRI MARMA	60MIN / 125€
Ayurvedic massage focused on the feet, heart, and back that activates circulation and brings deep calm.	
SUDDHI KANSA	60MIN / 125€
Purifying ritual that harmonizes body and mind, improves circulation, and provides deep relaxation.	

BODY TREATMENT

RADIANT EXFOLIATION	30MIN / 80€
Exfoliation of Himalya salt and body hydration.	
EXFOLIATION EXPRESS (HAMMAM)	20MIN / 72€
Exfoliation inspired by the " Savonage ", worked in a humid cabin 35° performed with cold water.	
SECRETS OF THE SEA	70MIN / 179€
Gentle exfoliation, purifying body mask and massage with localized wood therapy.	
SECRETS OF THE EARTH	70MIN / 179€
Gentle exfoliation, toning body mask and massage with localized wood therapy.	

ACCESS TO THE SPA WATERS

Hotel guests.	90MIN / 25€
Non-guests.	90MIN / 35€

Price of treatment includes entrance of 60 minutes to the water circuits to be enjoyed before a beauty treatment and/or after a therapy. No access for children under 16, except for private treatment. We ask you to please arrive 10 minutes before the reservation time. The Spa has a 24 hour cancellation policy. Cancellation of a reservation more than 24 hours beforehand does not imply any cost to the client. Cancellations of less than 24 hours and failure to cancel a confirmed reservation implies a 100% charge for the service reserved.